

# 3.5. Starting Lineups

## 3.5.1. Competitive Starting Lineups

Owners are expected to set their starting lineups for each day of NHL competition. A competitive starting lineup is defined as a lineup that has all on-ice roster positions occupied by active players. Players listed as “IR,” “Out,” or “Day-to-Day” are not considered part of a competitive starting lineup.

While the Commissioner and Co-Commissioners will not actively check every team’s starting lineup throughout the season, owners that have multiple complaints filed against them about not setting a competitive starting lineup may be in danger of losing their membership in the GFHL during the following offseason. First-year owners who have multiple severe complaints filed against them may be forced to transfer ownership and management of their team to a new owner during the current season.

We understand that there are valid reasons an owner may be unable to set a competitive starting lineup for each day of a matchup, so these starting lineup rules are in place for the rare situation in which an owner has become inactive for many matchups.

If at any point during the season you think you might not be able to maintain a competitive starting lineup for several weeks on end, please reach out to the Commissioner and Co-Commissioners to let them know of your circumstance. They may advise inviting a co-owner to help manage your team or assist you in finding someone to help.

## 3.5.2. Starting Lineup Requirements

Each team will start 15 players in the following positions and amounts: 3 C, 3 RW, 3 LW, 4 D, 1 UTIL, 1 G.

---

Revision #1

Created 2023-08-23 21:25:06 UTC by Nate Nakao

Updated 2023-08-23 21:29:29 UTC by Nate Nakao